

28th Annual Seaway Valley North
District 48 Round Up - A New Beginning
Saturday February 3rd, 2024 - 8:00am to 6:30pm
Theme: Happy, Joyous, and Free



Agenda:

8:00am: Registration & 7th Tradition

8:00am-10:00am: Breakfast

8:30am: Opening Remarks

8:45am - 8:55am: Service Panel 1: Grapevine

9:00am - 9:45am: Panel 1: Morrisburg 12 & 12 Home Group

10:00am - 10:45am: Panel 2: Metcalfe Last Chance Group

11:00am - 11:45am: Panel 3: Kemptville Friday Group

11:45am - 1:00pm: Lunch

12:45pm - 12:55pm: Service Panel 2: Public Information & Cooperation with the Professional Community (PI/CPC)

1:00pm - 1:45pm: Panel 4: Freedom & Growth Group

2:00pm - 2:45pm: Panel 5: Al-Anon

3:00pm - 3:45pm: Panel 6: B.Y.O.B.B. South Mountain Group

4:00 - 4:45pm: Keynote Speaker: Rita H, Ottawa

5:00pm - 5:15pm: Sobriety Countdown: Morrisburg Gratitude Group

5:15pm - 5:30pm: Closing Remarks

5:30pm - 6:30pm: Bless Meal & Potluck Dinner

